



## Yates Baptist Church

Effective January 1, 2026

**Blue Options**  
Prepared By  
**GARY M NANCE**

**Prospect # 419116**  
**Quote # 6906475**

The benefit highlight is a summary of Blue Options benefits. This is meant only to be a summary. You will also be receiving a Summary of Benefits and Coverage document (referred to as an SBC) required under Health Care Reform. Both documents are provided as a convenience to compare available health plan coverage options. Final interpretation of the Blue Options health plan and a complete listing of benefits and what is not covered are found in and governed by the group contract and benefit booklet. You may preview the benefit booklet by requesting a copy of the Blue Options benefit booklet from Blue Cross and Blue Shield of North Carolina (Blue Cross NC) Customer Service.

To the best of our knowledge, Blue Cross NC believes that this plan meets Massachusetts' Minimum Creditable Coverage standards for 2026. However, you may want to verify with your own legal counsel that this plan meets your needs.

## Blue Options Benefit Highlights (PPO)

The amounts that appear on this benefit highlight represent Member responsibility.

This Benefit Overview describes your coverage and cost sharing amounts, including deductible, coinsurance, copayments and out-of-pocket maximum, under this plan.

General Cost Share & Features	In-Network	Out-of-Network <sup>1</sup>
<b>Embedded Medical Deductible</b> -Per Benefit Period	\$3,000/Individual \$3,000/Family Member \$6,000/Family	\$6,000/Individual \$6,000/Family Member \$12,000/Family
<b>Coinsurance</b>	20%	50%
<b>Embedded Out-of-Pocket Maximum</b> -Per Benefit Period -Medical and Drug Combined	\$7,000/Individual \$7,000/Family Member \$14,000/Family	\$14,000/Individual \$14,000/Family Member \$28,000/Family

<b>Preventive Care</b>		
For the most updated list of general preventive/screenings, immunizations, well-baby/well-child care, women's preventive care services, nutritional counseling and other services mandated under Federal law, see our website at <a href="http://bluecrossnc.com/preventive">bluecrossnc.com/preventive</a> . State mandated services include colorectal screening, bone mass measurement, newborn hearing screening, prostate specific antigen tests (PSAs), gynecological exams, cervical cancer screening, ovarian cancer screening and screening mammograms.		
Primary Care Provider	No Charge	30% after deductible
Specialist	No Charge	30% after deductible
<b>Physician Office Services</b>		
Physician Office Services-Includes all Office Visits regardless of specialty or diagnosis (including medical and infertility therapies and pre-natal/post-delivery care unable to be included in the global delivery fee). Includes Office Surgery, Consultation, and X-rays, unless otherwise specified. (For sinus surgery performed in an office setting, see "Inpatient and Outpatient Services.")		
Primary Care Visit Log in to Blue Connect to select your Primary Care Provider (PCP). Your Copay is waived for your first 3 visits to your selected PCP.	\$35	50% after deductible
Specialist	\$70	50% after deductible
Mental Health and Substance Use Disorder	\$35	50% after deductible
Vendor Telehealth Includes Telehealth services for Primary Care, Acute Care, Mental Health Teletherapy, Dermatology, and Nutritional Counseling	No Charge	Not Covered
<b>Urgent and Emergency Care</b>		
Emergency Care- Out-of-Network Emergency Room services are payable at the In-Network level and applied to the In-Network Out-of-Pocket Limit regardless of where they are obtained.		
Ambulance	20% after deductible	20% after deductible
Emergency Room Visit (with or without Observation)	\$750	\$750
Emergency Room Visit (with Inpatient Admission)	20% after deductible	20% after deductible
Urgent Care Services	\$70	\$140
<b>Inpatient and Outpatient Hospital Services</b>		
Inpatient and Outpatient Hospital Services-Includes all Inpatient Hospital Services regardless of diagnosis (including, but not limited to, medical, mental health, substance use disorder, infertility, therapies, transplants, deliveries, and surgeries). If you receive care at a Blue Distinction <sup>®</sup> Center (BDC), your out-of-pocket expenses may be less. You may reduce your coinsurance by 10% simply by utilizing an outpatient or inpatient BDC. Please visit <a href="https://www.bluecrossnc.com/bdc">https://www.bluecrossnc.com/bdc</a> for more information, including the most up-to-date list of specialties, and to find a BDC near you.		
Ambulatory Surgical Center-Facility	20% after deductible	50% after deductible
Ambulatory Surgical Center-Professional	20% after deductible	50% after deductible
Facility Services	20% after deductible	50% after deductible
Professional Services	20% after deductible	50% after deductible

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Hospital Based Clinics or Free-Standing Facility Services (other than preventive services above)	20% after deductible	50% after deductible
Outpatient Lab Tests	20% after deductible	50% after deductible
Preventive Mammography	No Charge	30% after deductible
Diagnostic Mammography	No Charge	30% after deductible
Outpatient X-rays, ultrasounds, and other diagnostic test such as EEGs and EKGs	20% after deductible	50% after deductible
<b>Other Services</b>		
Skilled Nursing Facility	20% after deductible	50% after deductible
CT Scans, MRIs, MRAs and PET Scans in any location, including a physician's office	20% after deductible	50% after deductible
Durable Medical Equipment, Prosthetics and Orthotics	20% after deductible	50% after deductible
Home Health Care and Hospice	20% after deductible	50% after deductible
Sinus surgeries in any location, including physician's office	20% after deductible	50% after deductible
<b>Pediatric Dental</b>		
Pediatric Dental is only available for members up through the end of the month they become age 19.		
Preventive Services	No Charge	30% after deductible
Basic, Major and Orthodontic Services (if Medically Necessary)	20% after deductible	50% after deductible
<b>Pediatric Vision</b>		
Pediatric Vision is only available for members up through the end of the month they become age 19. For more information, refer to your benefit booklet.		
Routine Vision Exams	No Charge	30% after deductible
Frames and Lenses or Contact Lenses	50% no deductible	50% no deductible

<b>Prescription Drugs</b>		
<p>Prescription Drugs copayments*, coinsurance* and deductibles* (*if applicable) apply to the Out-of-Pocket limit. Up to 30-day supply is one copayment. 31-60 day supply is two copayments and 61-90 day supply is three copayments. You are responsible for charges over the allowed amount received from an Out-of-Network pharmacy. Limits apply to Infertility drugs, refer to your benefit booklet. MAC B Pricing (Brand Penalty when Generic Equivalent is available and Provider does not require Brand to be dispensed). QHP Essential 5-Tier, Broad Network Formulary. Prior Plan approval, step therapy and quantity limits may apply. Diabetic supplies obtained at the pharmacy will apply to a drug tier. Check your benefit booklet for additional details.</p>		
Prescription Drug Cost Share & Features	In-Network	Out-of-Network <sup>1</sup>
Prescription Drug Deductible -Per Benefit Period	\$50/Individual	
Tier 1	\$8 after prescription drug deductible	\$8 after prescription drug deductible
Tier 2	\$25 after prescription drug deductible	\$25 after prescription drug deductible
Tier 3	\$60 after prescription drug deductible	\$60 after prescription drug deductible
Tier 4	\$100 after prescription drug deductible	\$100 after prescription drug deductible
Tier 5	25% after prescription drug deductible Minimum: \$100 Maximum: \$200	25% after prescription drug deductible Minimum: \$100 Maximum: \$200
Drugs from the ACA preventive list, including preventive OTC medications and contraceptive drugs and devices, as listed at <a href="http://www.bluecrossnc.com/preventive">www.bluecrossnc.com/preventive</a>	No Charge	

## Blue Options Benefit Highlights (PPO)

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Any Out-of-Network charges over the allowed amount are not included in this maximum.

<b>Lifetime Benefit Maximums</b>	
<b>Lifetime Total Dollar Maximum</b>	Unlimited
<b>Lifetime Infertility Benefit Maximum</b>	
Lifetime Infertility Benefit Maximum- Ovulation Induction Cycles	3 Cycle Limit - With or without insemination, per Member, in all places of service
<b>Annual Benefit Maximums</b>	
Maximums apply to Home, Office and Outpatient Settings only, unless otherwise indicated. Maximums include both Habilitative and Rehabilitative services unless otherwise indicated. All maximums are on a combined In- and Out-of-Network basis per Member, per Benefit Period. There are no limits on therapy and nutritional counseling visits related to mental illness diagnoses.	
Physical, Occupational and Chiropractic Therapies (Combined) (Rehabilitative/Habilitative)	30 visits/30 visits
Speech Therapy (Rehabilitative/Habilitative)	30 visits/30 visits
Skilled Nursing Facility	60 days
Provider Office visits for the evaluation and treatment of obesity	4 visits
Nutritional Counseling	30 visits

- 1 NOTICE: Your actual expenses for covered services may exceed the stated coinsurance percentage or co-payment amount, because actual provider charges may not be used to determine the payment obligations for Blue Cross NC and its members.

# Additional Information about Blue Options

## What is Not Covered?

The following are summaries of some of the coverage restrictions. A full explanation and listing of restrictions will be found in your benefit booklet. Your health benefit plan does not cover services, supplies, drugs or charges that are:

- Not medically necessary
- For injury or illness resulting from an act of war
- For personal hygiene and convenience items
- For inpatient admissions that are primarily for diagnostic studies
- For palliative or cosmetic foot care
- For investigative or experimental purposes
- For hearing aids or tinnitus maskers, except as specifically covered by the benefit plan
- For cosmetic services or cosmetic surgery
- For custodial care, domiciliary care or rest cures
- For treatment of obesity, except for surgical treatment of morbid obesity, or as specifically covered by your health benefit plan
- For reversal of sterilization
- For assisted reproductive technologies as defined by the Centers for Disease Control and Prevention
- For self-injectable drugs in the provider's office
- For adult routine eye exams
- Weight Loss Drugs

## Allowed Amount

The maximum amount that Blue Cross NC determines is to be paid for covered services provided to a member.

## Benefit Period

The period of time, usually 12 months as stated in the group contract, during which charges for covered services provided to a member must be incurred in order to be eligible for payment by Blue Cross NC. A charge shall be considered incurred on the date the service or supply was provided to a member.

## Certification

Certification is a program designed to make sure that your care is given in a cost-effective setting and efficient manner. If you need to be hospitalized, you must obtain certification. Non-emergency and non-maternity hospital admissions must be certified prior to the hospitalization. If the admission is not certified, the claim will be denied. For maternity admissions, your provider is not required to obtain certification from Blue Cross NC for prescribing a length of stay up to 48 hours for a normal vaginal delivery, or up to 96 hours for delivery by cesarean section. You or your provider must request certification for coverage for additional days, which will be given by Blue Cross NC, if medically necessary.

All inpatient and certain outpatient Mental Health and Substance Use Disorder services, and all Adaptive Behavior Treatment must be certified in advance by Blue Cross NC or services will not be covered. Call Blue Cross NC at 1-800-359-2422. Mental Health and Substance Use Disorder office visits do not require certification.

In-network providers in North Carolina are responsible for obtaining certifications. The member will bear no financial penalties if the in-network provider in North Carolina fails to obtain the appropriate authorization. The member is responsible for obtaining certification for services rendered by an out-of-network provider in North Carolina or to any provider outside of North Carolina.

## Health and Wellness Program

Your benefits provide access to a variety of wellness programs and services to help you stay healthy. These include nurse support for chronic conditions, pregnancy and behavioral health, as well as tobacco cessation programs and exclusive member discounts on things like gym memberships, glasses, hearing aids and more. You can also access a wide selection of online and digital health and wellness tools and resources at [bluecrossnc.com](http://bluecrossnc.com) to help you take charge of your health!

## Out-of-Pocket Limit

The dollar amount you pay for covered services in a benefit period before Blue Cross NC pays 100% of covered services. It includes deductible, coinsurance and copayments. It does not include charges over the allowed amount, premiums, and charges for non-covered services.

## Utilization Management

To make sure you have access to high quality, cost-effective health care, we manage utilization through a variety of programs including certification, transplant management, concurrent and retrospective review. If you have a concern regarding the final determination of your care, you have the right to appeal the decision. For further information about our Utilization Management programs, please refer to your benefit booklet.

## MAC B

When choosing a prescription drug, you and your doctor should discuss whether a lower-cost prescription drug could provide the same results as a more expensive prescription drug. If you choose a brand-name prescription drug, your cost may be higher. Please note: You may pay a different amount in certain situations when choosing between generic and brand-name prescription drug. If you decide you want the brand-name drug on the higher tier instead of the generic equivalent on the lower tier, you will pay the brand-name copayment or coinsurance plus the cost difference between the brand-name allowed amount and the generic allowed amount. For prescription drugs received from an out-of-network pharmacy, you will also pay any charges over the allowed amount. You may not be required to pay the difference between the brand-name allowed amount and the generic allowed amount for certain brand-name prescription drug, if these criteria are met: 1) the brand-name prescription drug is on the Narrow Therapeutic Index (NTI). See [[ncbop.org/faqs/Pharmacist/faq\\_NTIDrugs.htm](http://ncbop.org/faqs/Pharmacist/faq_NTIDrugs.htm)] for a current list of these drugs; or 2) your provider has required the use of a brand-name prescription drug to treat your condition. Applicable copayment or coinsurance amounts may still apply. From time to time, members may receive a reduced or waived copayment and/or coinsurance on designated drugs in connection with a program designed to reduce prescription drug costs.

## Embedded Deductible Definition

This health benefit plan has an embedded deductible. The individual deductible applies if you select individual-only coverage; otherwise, both the family member and family deductible apply. For family coverage, each covered family member has their own family member deductible, in addition to the family deductible. No single family member can contribute more than the family member deductible. If a covered family member meets their family member deductible, benefits are payable by Blue Cross NC for just that member. Once the family deductible is met, it is met for all covered family members.

## Embedded Out-of-Pocket Maximum Definition

This health benefit plan has an embedded out-of-pocket limit. The individual out-of-pocket limit applies if you selected individual-only coverage; otherwise, both the family member and family out-of-pocket apply. No single family member can contribute more than their family member out-of-pocket limit. If a covered family member meets their family member out-of-pocket limit, Blue Cross NC will pay 100% of covered services, up to the allowed amount, for just that member. Once the family out-of-pocket limit is met, Blue Cross NC will pay 100% of covered services, up to the allowed amount, for all covered family members.



Prepared For:

**Contact:** GARY M NANCE  
**Group Name:** Yates Baptist Church  
**Prospect #:** 419116  
**Address:** 2819 Chapel Hill Rd  
 Durham, NC 27707

**Region:** Durham  
**County:** Durham  
**Phone:** (919)943-7930  
**EIN:** 56-1998835

**Blue Options Gold (Copay) 3000 Plan 2**

**Composite Rated Alternate Quote**

**Metallic Level:** Gold

**Quote #:** 6906475

**Rates and benefits based on an effective date of 01/2026**

Subscribers/Dependents	Gender	Age	Relationship	Tier	Coverage	Premium
ALLEN, TIMBER	Female	48	Subscriber	Emp	Medical	\$822.84
HALEY, LAURIE	Female	63	Subscriber	Emp	Medical	\$822.84
INGRAM, CHRISTOPHER	Male	52	Subscriber	Emp	Medical	\$822.84
JAMES, EDEN	Female	33	Subscriber	Emp	Medical	\$822.84
JAMES, SHIRLEY	Female	64	Subscriber	Emp	Medical	\$822.84
LEWIS, ALEXIS	Female	34	Subscriber	Emp	Medical	\$822.84
NANCE, REBECCA	Female	42	Subscriber	Emp/Sp	Medical	\$1,645.68
NANCE, BRIAN	Male	43	Spouse		Medical	
PORTEE, DA'JANYA	Female	25	Subscriber	Emp	Medical	\$822.84
REEVES, DANA	Female	49	Subscriber	Emp	Medical	\$822.84
RILEY, ASHLEY	Female	35	Subscriber	Emp	Medical	\$822.84
SPIGLE, CAROLYN	Female	52	Subscriber	Emp	Medical	\$822.84
TURGEON, TABITHA	Female	46	Subscriber	Emp	Medical	\$822.84
TURRENTINE, NATASHA	Female	38	Subscriber	Emp	Medical	\$822.84
WELLS, EMILY	Female	44	Subscriber	Emp	Medical	\$822.84

<b>Total Number of Enrolled Employees</b>	14
<b>Est. Total Monthly Premium</b>	\$12,342.60
<b>Est. Employer Premium Contribution Employee Only (@100%)</b>	\$11,519.76
<b>Est. Employer Premium Contribution Employee Only (@50%)</b>	\$5,759.88

These rates are based upon the above census. A change in the group location, effective date or benefits may cause these rates to change. Changes to the census of composite rated groups may cause a change in rates for all members of the group.

Prescription drugs, mental health and substance use disorder benefits are included in the medical rates. The total premium dollars included on this rate page apply only to the product quoted above. Premiums for other products will be provided under separate cover. This is not an insurance contract and only the actual certificate provisions will apply. This quote does not constitute an offer or acceptance by Blue Cross NC. Issuance of a group contract constitutes acceptance of the application. This coverage is renewable at the option of the purchaser.

These Plan Codes are included in this rate:

**M000408 R0000PU MED-B0014723**

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**Metallic Level: Gold**

**Quote #:** 6906475

**Rates and benefits based on an effective date of 01/2026**

Health Plan	Employee Only	Employee / Spouse	Employee / Children	Family	Grand Total
Number of Enrolled Employees	13	1	0	0	14
Blue Options (M000408)	\$822.84	\$1,645.68	\$1,522.25	\$2,550.80	
<b>Est. Medical Monthly Premium</b>	<b>\$10,696.92</b>	<b>\$1,645.68</b>	<b>\$0.00</b>	<b>\$0.00</b>	<b>\$12,342.60</b>
	<b>Est. Employer Premium Contribution Employee Only (@100%)</b>				<b>\$11,519.76</b>
	<b>Est. Employer Premium Contribution Employee Only (@50%)</b>				<b>\$5,759.88</b>

These rates are based upon the above census. A change in the group location, effective date or benefits may cause these rates to change. Changes to the census of composite rated groups may cause a change in rates for all members of the group.

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